Rebekah Parise

A care guide for whoever inherits my brother's soul:

1. Sometimes in the dead of night,
You may hear singing in the silence.
The whistling of the trees may become
The voices of a thousand poets.
Listen.
2. You may find yourself taking
walks in the rain. You find solace there,
you find it in a lot of places.
Let the rain soak into your clothes
and don't worry about getting the mud stains
out of your shoes for once.
3. If you feel that his soul is getting restless,

Pick up a brush and let him paint.

You will find that the soul can see things

The eye often cannot. Let him show you How hyacinths can bloom in one's bright Blue eyes, and how the sun setting Is not the most beautiful image in the world. You will find beauty where others cannot. 4. If his soul begins to weep, let him mourn. He may miss the vessel he once knew. Comfort him for me, assure him, Let him write poetry again. He feels so many things, Now so will you. 5. You may go somewhere new and somehow, Everything will seem very familiar. He used to walk those streets, you sit in the Coffee shops he used to sit in. You may find yourself ordering a strong tea, And wondering 'why does it taste like home?'

It's not deja vu, it's nostalgia.

6. Lastly, I need you to promise me

That you will take care of him.

And if you ever see me, and wonder who

The girl is, staring a little too long,

Call me out, allow me to apologize,

And please let me explain that I thought I saw

A glimpse of my brother's ghost in your eyes.

Laurie Van Loon

January on the Sudbury 2015

The expectant air is poised, alert for snow. The ridge across betrays no sweep of wind. No sign of bird--even the hardy wren hides in some ferny reach to ease the cold.

The river too is silent, glassy, gray, its current tucked beneath an icy calm; yet still its waters find their way back home and swirl from fresh to salt into the bay.

Far, far from here the rolling waves pile on, while we sit mute before this winter's grace, and settle out of time into this place, freed from the sprawling rush of what's to come.

Road Sign, Connor Pass, Dingle Peninsula, County Kerry

Extreme Danger Do Not Attempt if you are tall and rigid in your height if you are wide and boastful in your width Do Not Attempt if you will not yield to beauty to the truth of edges and stones and cliffs that drop into a pure and savage green Do Not Attempt if the curves of the unknown provoke speed and expectation of the sacrifice of others. Attempt if you can stop in a faint slip by the side and see at first light the infinitely small yellow flowers if you can pause and feel the rush, the throbbing veil, of the waterfall if you can walk the high pass, leaving your car behind and witness the land fall away in the mist and be glad

Matt Phillips

I have been here many times at first I pretended to like it then I

really did I have been kicked out of the pizza place fallen scraped my

arm jumped off bridges fled as water flooded all the inlets I often used to bike past the marble house they razed two years back now

gone with Stephen to the beach where we emptied a whole pack of cigarettes we had to

cradle each match in our cold hands against the gale oh my it felt like love

I've loved you here loved you & yes I loved you too I've biked home alone

from shame I've eaten at the bait-&-tackle shop with no menu I've

climbed up the pier in still night (push lifeguard stand to boards grab bottom

rail hoist chest to top) I always needed help an ocean of blue plums I

loved you last you pitied me which made me swoon I have so

many fears but not until recently how I can miscreate a person in my memory I did

contrive you that night when Sam's band blew

the power the whole house flooded I've hurt

many people here been hurt by many people here so there are different kinds

of grief the kind which follows that first scab before you inflict real pain

but knowing you will & there is after-grief possible only on a thin-cloud morning

after being discarded when I bring you here it is the one place I feel far

from you I love you I grieve this place I miss this place you were not there I

don't know what to say to you about here to you about that